



THE UNIVERSITY *of* EDINBURGH

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1. Welcome Screen

Welcome to the Scottish Sexual Attitudes Survey 2009.

This survey is very simple to complete and should only take between 10 to 15 minutes of your time.

Should you wish for more information on this research prior to beginning, including a contact email address, please go to <http://tinyurl.com/scottishsexsurvey>

We appreciate that this survey contains some sensitive questions related to sex. We therefore ask that you take your time to answer all questions. If you genuinely feel you cannot answer a particular question, then please use the 'No opinion' button.

Please answer all questions. Unanswered questions will be highlighted in red and you will not be able to move to the next page until all questions have been answered.

At the end of the survey you will be given the option to enter your email address in a separate screen to be entered into a prize draw to win a crate of champagne.

This survey should only be completed once by each person.

Your answers to this survey will be stored and protected by the highly effective security system provided by Surveymonkey.

THANK YOU VERY MUCH FOR TAKING PART IN THIS RESEARCH.

2. Region of Scotland

In order for this survey to represent the views of different people across Scotland, we need to ensure the people taking part in this research are from different parts of the country, ages and social backgrounds.

We would therefore ask you to please complete the following questions about yourself.

1. Please select the region of Scotland in which you are currently living

- Borders
- Central
- Dumfries and Galloway
- Fife
- Grampian
- Highland
- Lothian
- Orkney
- Shetland
- Strathclyde
- Tayside
- Western Isles
- Not currently living in Scotland

3. Screen out

Unfortunately you are not eligible to take part in this survey as participants must be currently living in Scotland.

4. Age group

1. What is your age?

Under 20 years

20 to 24 years

25 to 29 years

30 to 34 years

35 to 39 years

40 to 44 years

45 to 49 years

50 to 54 years

55 to 60 years

60 years +

5. Screen Out

Unfortunately you are not eligible to take part in this survey.

Only people aged between 20 to 60 years living in Scotland may take part.

6. Demographic Questions

1. Are you male or female?

Male

Female

2. What is the highest level of education you have completed?

No formal qualifications

Standard grades /GCSE's / City and Guilds level 1

Vocational qualifications/ Highers/ A Levels

First degree / Teaching or Nursing Cert. / HNC or HND

Higher degree / Masters / PhD

3. What is your race/ethnicity?

White

Black - Carribean

Black - African

Black - Other (non-mixed)

Black - Mixed

Indian

Pakistani

Bangladeshi

Chinese

Other (please specify)

4. What is your religious affiliation?

No religion

Protestant Christian

Buddhist

Hindu

Catholic

Muslim

Jewish

Other (please specify)

5. Employment circumstances. I am...

- working full time
- working part time
- studying full time
- studying part time
- a full time carer (including house wife or husband)
- other

6. What is your yearly income before tax, to the nearest £1,000?

7. Home life

1. Within my household I contribute...

- The majority of the household budget
- Half of the household budget
- Some of the household budget
- No financial contribution at present

2. Do you have any children?

- No
- Yes, they live with me and the youngest is under 10 years old
- Yes, they live with me and the youngest is over 10 years old
- Yes, however they do not live with me
- Yes, but they have now left home

3. What is your current marital status?

- Widowed
- Divorced
- Married or living as married
- Single, never married

8. Current relationship status

1. What is your current relationship status?

I am not currently in a relationship

I am currently in a relationship

9. Not currently in a relationship

The majority of this study is about sexual relationships therefore, as you are currently single, we would like to ask you to please choose a previous relationship on which to answer the survey.

We would recommend this is either a long relationship or recent relationship so that you have a clear answer to the questions asked.

As you proceed through the survey you will notice that there is alternative wording in brackets for those answering the survey about a previous relationship. Unfortunately these brackets will not completely change the question, as this would be too confusing, instead it will guide you as to how to interpret the question and answer it.

1. I will answer the survey with reference to:

My last relationship

My longest relationship

Other (please specify)

10. Length of relationship

1. What is the length of this relationship?

1 to 6 months

6 months to 1 year

Between 1 to 3 years

Between 3 to 5 years

Between 5 to 10 years

Between 10 to 15 years

Between 15 to 20 years

Over 20 years

11. Sexual history section

1. Please choose which sexual orientation best applies to you.

Gay / Lesbian

Straight

Bisexual

2. Approximately how many sexual partners have you had (please be honest)?

1 - 3

4 - 6

7 - 10

11 - 15

16 - 20

20 - 30

30 - 40

40 - 50

Over 50

Over 100

3. How many times did you have sex last week?

None

Once

Twice

Three times

Four times

Five times

More than five times

12. Sexual Communication

Throughout the survey there will be alternative wording in brackets for anyone who is currently single and answering the survey about a previous relationship.

This is intended to make the survey clearer to anyone who is currently single, if you are currently in a relationship please ignore the brackets.

1. Please answer all questions as honestly as possible, even if your answers appear to contradict each other.

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
Good communication about sex improves a relationship	jn	jn	jn	jn	jn
Sometimes it's easier to ignore a sexual issue than to try to discuss it	jn	jn	jn	jn	jn
In long-term relationships you no longer need to discuss sexual pleasure	jn	jn	jn	jn	jn
In long-term relationships sex gets better with time	jn	jn	jn	jn	jn
If I was discussing sex with my (previous) partner, it would probably have been me who raised the subject	jn	jn	jn	jn	jn
My partner and I have discussed (did discuss) the way we communicate about sexual issues	jn	jn	jn	jn	jn
I am (was) comfortable showing my sexual desire to my partner i.e. telling them that I feel horny	jn	jn	jn	jn	jn
Sex without feeling close to my partner is (was) not as good as when we feel (felt) close	jn	jn	jn	jn	jn

13. Relationship Section

1. Which methods would you (did you) most often use to communicate your sexual desire to your partner? (please choose a maximum of three)

- Choice of clothing
- Coded signals they understand
- Email / MSN
- Eye contact
- Physical contact /touching
- Playing
- Telling them verbally ("I'm horny")
- Texting

2. Please answer as honestly as possible, even if your answers may appear to be contradictory.

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
I find (found) it easy to talk about what I need from my partner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe I am (was) good at communicating with my partner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I feel (felt) my relationship needs to change I will discuss this with my partner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worrying about splitting up from my partner sometimes stops (stopped) me saying negative things about them or our relationship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel (felt) like I have more control than my partner in my relationship most of the time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. To what extent do you agree with the following statements:

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
I try (tried) my best to avoid conflict in my sexual relationship	jñ	jñ	jñ	jñ	jñ
I talk(ed) to my partner about things that are annoying me with my relationship	jñ	jñ	jñ	jñ	jñ
In my relationship I sometimes stop (stopped) trying to communicate about issues if I feel I will not be listened to	jñ	jñ	jñ	jñ	jñ
I often get (got) angry with my partner	jñ	jñ	jñ	jñ	jñ
I feel (felt) guilty if I upset my partner	jñ	jñ	jñ	jñ	jñ
I sometimes feel (felt) guilty for not giving my partner enough attention or time	jñ	jñ	jñ	jñ	jñ
I start(ed) the majority of arguments in my relationship	jñ	jñ	jñ	jñ	jñ
I sometimes do (did) not raise an issue that's annoying me as my partner may become angry	jñ	jñ	jñ	jñ	jñ

14. Discussing Feelings

1. To what extent do you agree with the following statements?

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
I find it easy to describe how I am feeling	jn	jn	jn	jn	jn
I am (was) good at recognising my partner's feelings	jn	jn	jn	jn	jn
I tend(ed) to 'give in' to my partner's emotional needs	jn	jn	jn	jn	jn
I tend(ed) to 'give in' to my partner's sexual needs	jn	jn	jn	jn	jn
I think my partner's emotional needs are (were) more important in my relationship	jn	jn	jn	jn	jn
I think my sexual needs are (were) more important in my relationship	jn	jn	jn	jn	jn
I find (found) it easy to disagree with my partner's view or opinion	jn	jn	jn	jn	jn

2. How easy do you find it to express these feelings in your general life?

	Very difficult	Slightly difficult	No opinion	Easy	Very easy
Admiration	jn	jn	jn	jn	jn
Anger	jn	jn	jn	jn	jn
Anxiety	jn	jn	jn	jn	jn
Disappointment	jn	jn	jn	jn	jn
Fear	jn	jn	jn	jn	jn
Guilt	jn	jn	jn	jn	jn
Love	jn	jn	jn	jn	jn
Pleasure	jn	jn	jn	jn	jn
Sexual desire	jn	jn	jn	jn	jn

3. How easy do you think your partner finds (found) it to express these emotions with you?

	Very difficult	Slightly difficult	No opinion	Easy	Very easy
Admiration	jn	jn	jn	jn	jn
Anger	jn	jn	jn	jn	jn
Anxiety	jn	jn	jn	jn	jn
Disappointment	jn	jn	jn	jn	jn
Fear	jn	jn	jn	jn	jn
Guilt	jn	jn	jn	jn	jn
Love	jn	jn	jn	jn	jn
Pleasure	jn	jn	jn	jn	jn
Sexual desire	jn	jn	jn	jn	jn

15. Discussing Sexual Issues

1. How likely is it that discussing each of these issues would lead to a disagreement between you and your partner?

	Very likely	Likely	No opinion	Unlikely	Very unlikely
Lack of comfort during sexual activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not feeling close to your partner during sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Things that turn you off	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unequal sex drive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not getting enough emotional support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Performing oral sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving oral sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Issues related to orgasm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your preferred sexual positions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How often you have sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. In general, how satisfied or happy are (were) you with the relationship you have been describing?

- Very satisfied
- Satisfied
- No opinion
- Unsatisfied
- Very unsatisfied

3. And now the final statements...

	Strongly agree	Agree	No opinion	Disagree	Strongly disagree
Having an orgasm during sex with my partner is (was) important to me	jñ	jñ	jñ	jñ	jñ
I find (found) it easy to reach orgasm during sex with my partner	jñ	jñ	jñ	jñ	jñ
I become (became) annoyed if I don't orgasm during sex with my partner	jñ	jñ	jñ	jñ	jñ
Sex without an orgasm, or climax, cannot be really satisfying for a man	jñ	jñ	jñ	jñ	jñ
I have faked an orgasm with my partner regularly	jñ	jñ	jñ	jñ	jñ
I have known when my partner has faked an orgasm with me	jñ	jñ	jñ	jñ	jñ
Sex without an orgasm, or climax, cannot be really satisfying for a woman	jñ	jñ	jñ	jñ	jñ

16. Final page

1. Please leave us a final comment on your thoughts about this survey.

Have there been any surprises or issues raised in this survey which you had not previously thought about? Or is there any other comment you would like to make?

2. Would you be prepared to be contacted in the near future to see if you may interested in taking part in the next section of this research?

Yes

No

17. Thank you

Thank you for your time, your email address will automatically be entered into a prize draw for a crate of champagne!

You will now be forwarded to the anonymised results page of the survey.